

The Blind Spot (Your "Unawareness")

- What it is: These are the things your friend knows or feels about the friendship that you are unaware of.
- Example: They might feel hurt by something you said, or they might be pulling away, and you haven't noticed.
- Impact: A large Blind Spot means you are misreading the relationship or that the connection is becoming one-sided.

UKTM Unknown to ME

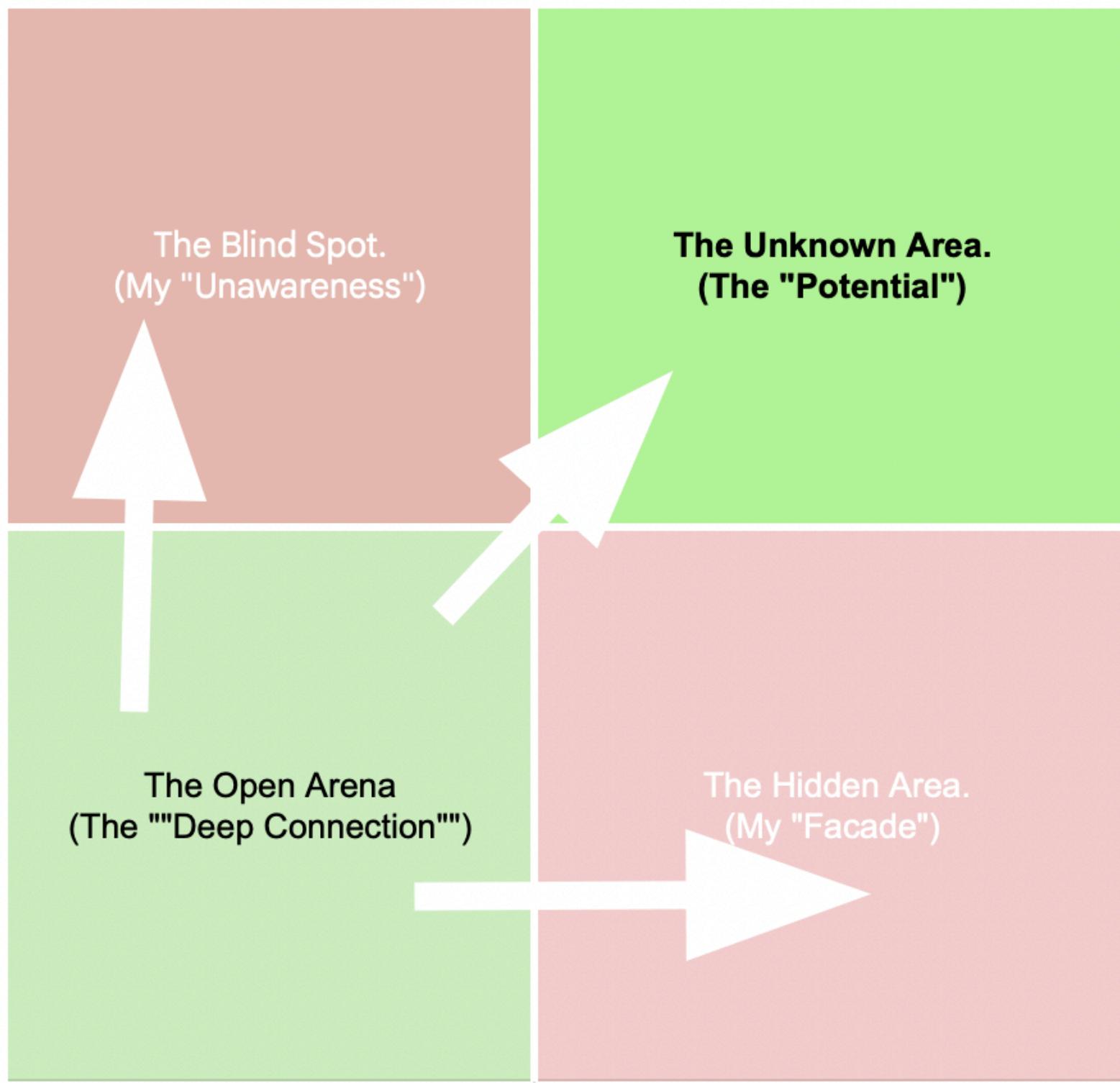
KTMF Known to My Friend

UKTMF Unknown to My Friend

The Open Arena (The "Deep Connection")

- **What it is:** This is the core of your bond. It's built from all the shared trust, mutual vulnerability, and open, reciprocal experiences you've had.
- **The Goal:** In a deep, healthy, and lasting friendship, this quadrant is the largest and is always growing.

KTM Known to ME



The Unknown Area (The "Potential")

- What it is: This represents all the future potential and undiscovered aspects of your friendship. It includes crises you haven't faced together, experiences you haven't shared, and depths you haven't reached.
- Impact: This area shrinks as you invest more quality time (those 200+ hours) and share new experiences, which moves that new knowledge into the Open Arena.

The Hidden Area (Your "Facade")

- What it is: These are the thoughts, feelings, and information about the friendship that you know but have not shared with your friend.
- Example: "I feel like I'm always the one to reach out," or, "I'm afraid to tell them about my true feelings on this topic."
- Impact: A large Hidden Area starves the friendship of the intimacy it needs to grow. It's a sign you are holding back.